

WEEK 6

LOVE THAT REPAIRS

Chapters 10-11 | The Reset: Restoring Relational Alignment + What Love Really Looks Like

BIG IDEA

Repairing relationships requires more than good intentions. Biblical love makes room for truth, responsibility, forgiveness, patience, wise boundaries, and consistent action. Forgiveness, reconciliation, and trust are connected, but they are not identical.

BEFORE GROUP

- [] Read Chapter 10: The Reset: Restoring Relational Alignment
- [] Read Chapter 11: What Love Really Looks Like
- [] Complete the Reflection Questions at the end of both chapters
- [] Review the Chapter 10 and Chapter 11 Discussion Guides in the back of the book

THIS WEEK, PAY ATTENTION TO...

Where relationships may need alignment, where you need to own your part, and what love looks like when it moves beyond words into patient, truthful, consistent action.

KEY TRUTH

One conversation may reset something, but one conversation does not always rebuild everything. Consistency gives trust somewhere to grow.

READ TOGETHER

ROMANS 12:18

"If it is possible, as far as it depends on you, live at peace with everyone." Notice both the responsibility and the wisdom in this verse. You can own what depends on you without pretending everything depends on you.

1 CORINTHIANS 13:4-7

Read Paul's description of love slowly. Notice that biblical love is active. It is patient, kind, truthful, enduring, and expressed in the way we treat people.

WHAT STAYED WITH ME?

What stood out most from Chapters 10 and 11?

WHAT IS GOD SHOWING ME?

What did you recognize about repair, forgiveness, trust, boundaries, or the way you practice love?

FROM OUR CONVERSATION

Write down something someone shared that challenged, encouraged, or helped you.

A QUESTION I WANT TO KEEP THINKING ABOUT

REMEMBER

Forgiveness, reconciliation, and trust are connected, but they are not identical. You can forgive while still allowing trust to be rebuilt over time. Healthy boundaries can be an expression of wisdom, not a rejection of love.

THIS WEEK'S PRACTICE

ONE STEP TOWARD ALIGNMENT + ONE ACT OF LOVE

Do not try to repair every relationship in one week. Ask God to show you the next healthy step that belongs to you.

1. ONE STEP TOWARD ALIGNMENT

Is there something you need to own, clarify, apologize for, forgive, or address? Ask, "What is mine to own?" Then take one wise and healthy next step. Remember Romans 12:18: do what depends on you.

2. ONE ACT OF LOVE

Choose one characteristic from 1 Corinthians 13 and practice it intentionally this week. Be patient. Show kindness. Tell the truth in love. Refuse to keep score. Believe the best. Let love become visible in action.

MY STEP THIS WEEK

The relationship or situation I need to bring before God:

The next healthy step I will take:

PRAY TOGETHER

Ask God for humility to own what is yours, courage to pursue peace, wisdom for healthy boundaries, grace to forgive, and love that becomes visible in action.

WHAT CAN MY GROUP PRAY WITH ME ABOUT?

WHO CAN I PRAY FOR THIS WEEK?

BEFORE WEEK 7

Read Chapters 12-13: A Reconciled Body + Unity Creates Capacity. Complete the Reflection Questions and review the corresponding Discussion Guides. Love repairs relationships, but reconciliation does not stop with two people. Jesus is forming one body, and unity increases what we can carry together.

YOU WERE NEVER MEANT TO DO THIS ALONE.